## **Fitness Passport Inclusions**

Updated inclusions from June 1st, 2024 for Fitness Passport across Nillumbik Leisure sites.

Health Club	<ul> <li>Access to health clubs across sites during staffed hours only.</li> <li>Does not include 24/7 access.</li> <li>Planning sessions and locker access included.</li> <li>Fitness Passport members must be a minimum of 13 years of age to access health club.</li> <li>Fitness Passport members aged between 13-18 must complete a planning session with a parent or guardian in attendance prior to accessing health club.</li> </ul>
Group Fitness	<ul> <li>Access to all classes excluding Reformer Pilates.</li> <li>Online booking available for persons over 18 years of ages once registered. Registration is to be in Centre with identification shown.</li> <li>Teen members under the age of 16 must follow the below guidelines for Group Fitness classes:         <ul> <li>12 years and 13 years – Require Parent / Guardian in class</li> <li>14 years and 15 years – No Boxing, Metafit, Body Attack, Burn, Grit Cardio, Body Combat, Relentless, Relentless Plus, Reformer Pilates</li> <li>16 years and older – can attend all group fitness classes</li> </ul> </li> </ul>
Aquatics	<ul> <li>Access to swim, spa, steam and sauna.</li> <li>Spa, steam and Sauna access for over 16 years only.</li> <li>Does not include swim lessons.</li> <li>The Eltham Leisure Centre and Diamond Creek Outdoor Pool have in place a 'Watch Around Water' policy. This policy relates to parent or guardian supervision of children at all times. The basics of this policy are as follows:</li> <li>Children under 10 years of age must be accompanied into the facility by a responsible adult 16 years and over and actively supervised at all times while in the facility. If children are unsupervised they will be removed from the water.</li> <li>Children under 5 years must be accompanied into the facility by a responsible adult 16 years and over and be supervised within arm's reach at all times while in the facility. If children are not within arm's reach of their parent or guardian at all times, they will be removed from the water.</li> <li>Children aged 5 to 9 will be issued a yellow wrist band which must be worn at all times.</li> <li>Children under the age of 5 will be issued a pink wrist band which must be worn at all times.</li> </ul>
Childcare	Not included. Casual fees apply.
Court Hire	<ul> <li>Not included, Court hire fees apply.</li> <li>Casual court use is available if no bookings are in place at the time of use, no prior bookings available - this applies for all stadium courts and squash courts.</li> </ul>



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